

Women Celebrate Ourselves

The Women's Center and Incest Resources
invite you to a free
Transformative Action Project

POETRY & ART WORKSHOP

through empowerment!!!



- poetry
- writing
- art
- community

with TAP artist

L'Merchie Frazier

Workshop goal:

To identify the star player in our lives. We are more than what we see in the mirror.

This workshop is specific to women with histories of incest and childhood sexual abuse whom we invite to join us in a unique afternoon of art-making and sharing our experiences through poetry and collage.

We will take a journey in safe space together, created for and by you, as important women who have valuable contributions to share.

This mindfulness and art-making workshop opportunity is presented by the Transformative Action Project. Some of the questions supported by this workshop are:

What are our experiences?
How do we define ourselves?
With a look inside, how do I imagine my best self and what does my best self look like?

Sunday, January 27, 2019

1:00 pm - 3:00 pm

The Women's Center

46 Pleasant Street, Cambridge, MA 02139

The Transformative Action Project is an initiative of Violence Transformed @ the Public Health Advocacy Institute Northeastern University School of Law. TAP is funded by the 1984 Victim of Crime Act (VOCA)

Space limited to 6

**TO RSVP : email ElaineWesterlund@aol.com or
leave a message for Elaine @ (617) 661-9400**