

# TRANSFORMATIVE ACTION PROJECT

The Transformative Action Project, an initiative of Violence Transformed @ The Public Health Advocacy Institute is a unique victim service program supporting groups, communities and organizations impacted by violence and crime. Through an interplay of art and meditation TAP workshops allow us to imagine alternatives, and in doing so, to create new conditions of possibilities for ourselves, our relationships and our world.

## UNQUIET VOICES WORKSHOP

Join Barbara Hamm in a one & a half hour workshop in the gallery of the Menino Arts Center, Hyde Park, MA.

Surrounded by art from the "Unquiet Voices" exhibit, Barbara will lead the workshop participants in a series of mindful practices that will be integrated into an evening of spoken word.

Quiet and unquiet supporting one another.

### WHAT TO EXPECT

Each participant will have the opportunity to not only give voice to troubling times and to truths that are often denied but to connect with their hope for our futures as well. Participants are invited to bring a reading or song of their choice though no more than 3 minutes in length.

Please wear loose fitting clothing for the mindful practices.

### WHEN & WHERE

The Menino Arts Center

26 Center Avenue, Hyde Park, MA

Wednesday, Nov. 2, 2022 6:00 - 7:30pm

#### **TO REGISTER**

Please register for this workshop by clicking here

https://forms.gle/wTCkfP6Zqp47KTVF6

TAP IS SUPPORTED BY FUNDS FROM THE FEDERAL VICTIMS OF CRIME ACT OF 1984. THESE VOCA FUNDS ARE AWARDED BY THE MASSACHUSETTS OFFICE FOR VICTIM ASSISTANCE.

\*FLYER ART BY UNQUIET VOICES ARTIST, GLORETTA BARNES